

i-ruck welfare company by information technology will nearly establish at Ushita-shinmachi ,Hiroshima.

For beginner senior to junior citizen, Lessons of Strech,English, Computer

You don't need to have any experience,just come enjoy and see our native instruction of stretch,english and computer lessons!

Theme:Strech,English,Comp-lessons

the date:Saturday July 19,2014

the time:13:30Strech,14:00English,
15:00Comp

Place:+ i-ruck house Ohta (太田)

ad:Ushita Shinmachi3-25-23,Higashiku

(low fee parking is Astramline Fudoimae station)

(call us at Fudoimae station to go to pick up you)



Can i do it?
interested in but...

OK!



You don't need to be ashamed!
Just follow the instructor's
example lesson.



If my grandmother,
85 years old,
is talkative...

OK!



It's a happy party by mates.
Please joy the community
of talking and tea time.



I like computer...
my daughter likes music.

OK!



We will hundle tablet and
guitar,massage menu's and
healthy menu's are treated.

【Stretch and English and Computer Application】

Please order by submit,phone,handy phone,fax
or written mail

handyphone:080-8690-2747

phone:082-521-9347

fax:082-521-9347

mail:Info@i-ruck.jp

株式会社アイラック 広島市東区牛田新町3-25-23
(中小企業庁補助金採択事業) 高齢者・後援者支援



Join (stretch+english+computer=¥1500)

Observe (¥200 contain tea)

Your name (each participant name)

Your address

Phone

Mail